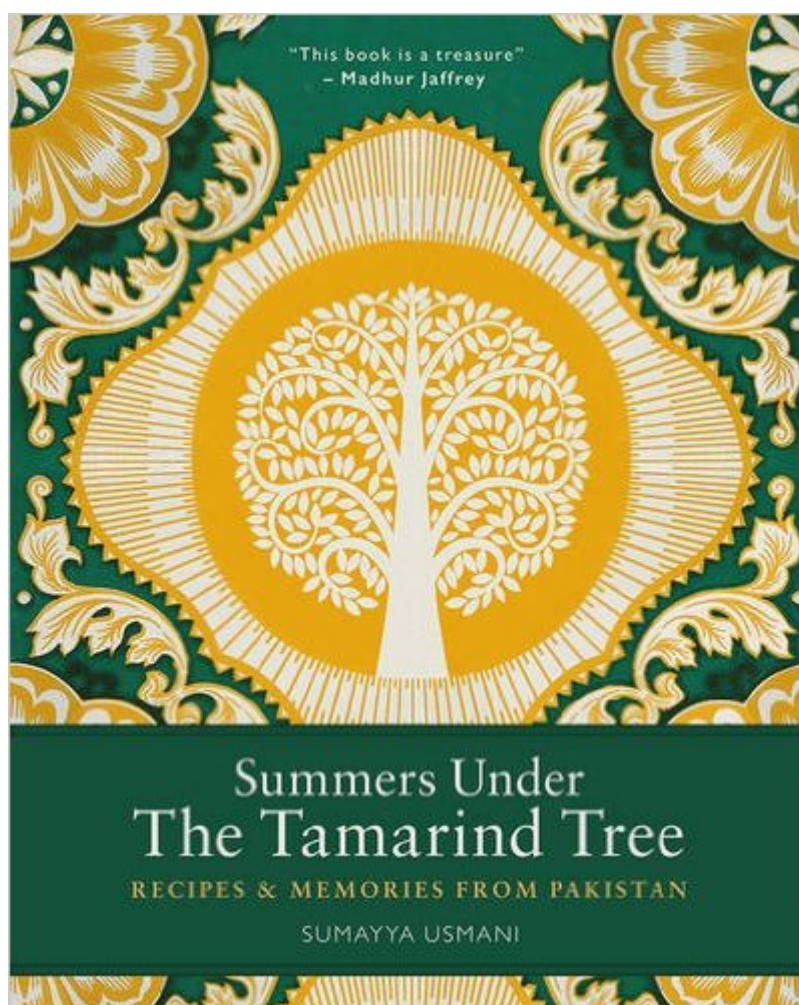


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Summers Under The Tamarind Tree: Recipes And Memories From Pakistan



Synopsis

Winner 'Best First Book' - Gourmand World Cookbook Awards 2016 Summers Under the Tamarind Tree is a contemporary Pakistani cookbook celebrating the varied, exciting and often-overlooked cuisine of a beautiful country. In it, former lawyer-turned-food writer and cookery teacher Sumayya Usmani captures the rich and aromatic pleasure of Pakistani cooking through more than 100 recipes. She also celebrates the heritage and traditions of her home country and looks back on a happy childhood spent in the kitchen with her grandmother and mother. Pakistani food is influenced by some of the world's greatest cuisines. With a rich coastline, it enjoys spiced seafood and amazing fish dishes; while its borders with Iran, Afghanistan, India and China ensure strong Arabic, Persian and varied Asian flavours. Sumayya brings these together beautifully showcasing the exotic yet achievable recipes of Pakistan.

Book Information

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Customer Reviews

"The most talked-about cookbook of 2016 so far has been this delightful collection of recipes showcasing Pakistani cuisine" - Asiana Wedding magazine "A successful combination of recipe book and memoir which will give you an interesting - and tasty - introduction to Pakistani cookery." - UK Handmade "I had a choice: stay in, and cook from Sumayya Usmani's fabulous new Pakistani cookbook, Summers Under The Tamarind Tree, or review a restaurant. Glasgow-based Usmani has produced one of those volumes you should definitely not read in bed because it will wake you up and make you urgently hungry." - Joanna Blythman, Sunday Herald "..as soon as I'd turned the first page and started reading I felt myself instantly drawn in." - Great British

Chefs"Beautifully written and photographed, this collection of more than 100 family recipes will inspire you to open up the spice cabinet and make something brand-new -

FoodRepublic.com" "Cookbook to Covet" "fascinating, visually appealing and filled with tales, childhood memories and plenty of insight into inspiring, traditional dishes from Pakistan" - "Grazia magazine" "This book is an excellent read, full of information for those seeking to dip into Pakistani cookery and need a helpful hand or those experienced and looking to expand their skills and tastes." - "Food and Drink Glasgow" "as the rich secrets of saffron-infused rice and comforting parathas are shared with us, we can be thankful that Usmani ditched law to give a voice to the food of Pakistan." - "The Telegraph Magazine" "Memoir cookbooks are often the most successful in the food genre. Sumayya Usmani's Summers Under the Tamarind Tree is a perfect example, more than living up to the "recipes and memories from Pakistan" that the subtitle promises." - "The Irish Times" "Open this spellbinding cookbook, and its stunning photographs will instantly cast you away to the bustling markets, street food stalls and generously-laden dinner tables of Pakistan. Sumayya Usmani garnishes her recipes with charming anecdotes about her childhood in Pakistan. This book is an unprecedentedly authentic snapshot into the culinary culture of this often overlooked country." - independent.co.uk" My favourite sort of cookbook: personal, beautiful and full of things I want to eat." "Sumayya's words bring to life the aromas of her exquisite recipes, as well as the story of a little-known culinary heritage. It's wonderful to discover the world of Pakistani food and andaza (sensory cooking) in this perfect cookbook." "I had a choice: stay in, and cook from Sumayya Usmani's fabulous new Pakistani cookbook, Summers Under The Tamarind Tree, or review a restaurant. Glasgow-based Usmani has produced one of those volumes you should definitely not read in bed because it will wake you up and make you urgently hungry." "This book is a treasure. Charm, information and what Sumayya calls 'the flavour of my Pakistani heritage' permeates every single recipe. It's an excellent book both for armchair-reading and for its detailed recipes." "Sumayya's words bring to life the aromas of her exquisite recipes, as well as the story of a little-known culinary heritage. It's wonderful to discover the world of Pakistani food and andaza (sensory cooking) in this perfect cookbook." "My favourite sort of cookbook: personal, beautiful and full of things I want to eat." "...as soon as I'd turned the first page and started reading I felt myself instantly drawn in." "Sumayya Usmani has produced a book that balances her personal experience and recollections of a life in Pakistan with the food of that nation, and it's a captivating and authentic view, supported by beautiful and fragile photography, a view that will teach, guide, and make you wish you

could be there." "Cookbook to Covet...fascinating, visually appealing and filled with tales, childhood memories and plenty of insight into inspiring, traditional dishes from Pakistan""This book is a treasure. Charm, information and what Sumayya calls the flavour of my Pakistani heritage permeates every single recipe. It's an excellent book both for armchair-reading and for its detailed recipes."

SUMAYYA USMANI is a writer and cookery teacher based in London, specialising in the cuisine of Pakistan. She teaches Pakistani cookery at various schools across the country including Divertimenti, Sophie Grigson Cookery School and School of Wok.

Great addition to my library and a good set of authentic recipes.

A truly unique cookbook on curries and spices. Love the recipes and photos and they are very easy to work with. The end result is something very delicious.

Wonderful Book

I have loved Sumayya's blog and am thrilled to have her cookbook. I have already cooked several recipes and they were all great. I also appreciate her providing some background about Pakistani cooking. It is a rich cooking heritage but doesn't get the acclaim that Indian cooking does.

Well written

A beautiful journey and some incredible dishes!

One of the best cook books I came across in recent times (and I go through a lot of them). I was following her blogs and bought the book as soon as it came out. We plan to try out each one of the entries. It's going very well so far. The recipes and tips are rock solid and top class!

perfect book

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